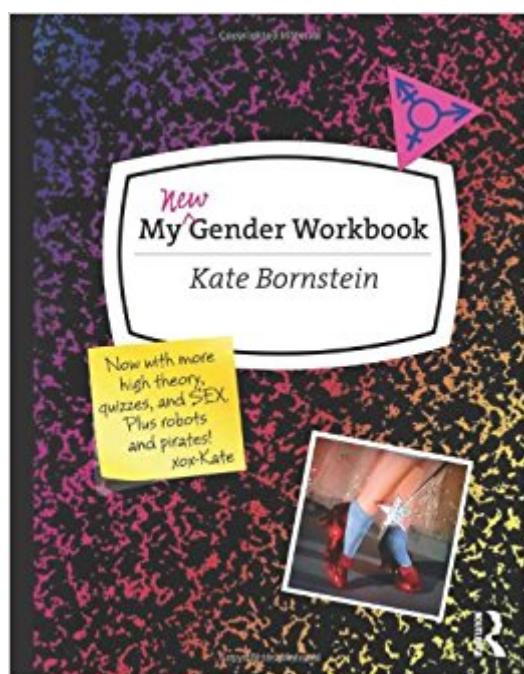


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# My New Gender Workbook: A Step-by-Step Guide To Achieving World Peace Through Gender Anarchy And Sex Positivity



## Synopsis

"This updated edition of Bornstein's formative *My Gender Workbook* (1997) provides an invigorating introduction to contemporary theory around gender, sexuality, and power. The original is a classic of modern transgender theory and literature and, alongside Bornstein's other work, has influenced an entire generation of trans writers and artists. This revised and expanded edition extends that legacy, offering an accessible foundation for examining gender in the reader's life and in the broader culture while arguing for the dismantling of all forms of oppression. For fans of the original, Bornstein's new material merits a fresh read..."--*Publishers Weekly*, starred review Cultural theorists have written loads of smart but difficult-to-fathom texts on gender theory, butÃ  Â most fail toÃ  Â provide a hands-on, accessible guide for those trying to sort out their own sexual identities.Ã  Â In *My Gender Workbook*, transgender activist Kate Bornstein brings theory down to Earth and provides a practical approach to living with or without a gender. Bornstein starts from the premise that there are not just two genders performed in today's world, but countless genders lumped under the two-gender framework. Using a unique, deceptively simple and always entertaining workbook format, complete with quizzes, exercises, andÃ  Â puzzles, Bornstein gently but firmly guides readers toward discovering their own unique gender identity. Since its first publication in 1997, *My Gender Workbook* has been challenging, encouraging, questioning, andÃ  Â helping those trying to figure out how to become a "real man," a "real woman," or "something else entirely." In thisÃ  Â exciting newÃ  Â edition of her classic text, Bornstein re-examines gender in light of issues like race, class, sexuality, and language. With new quizzes, new puzzles, new exercises, and plenty of Kate's playful and provocative style, *My New Gender Workbook* promises to help a new generation create their own unique place on the gender spectrum.

## Book Information

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## Customer Reviews

"This updated edition of Bornstein's formative *My Gender Workbook* (1997) provides an invigorating introduction to contemporary theory around gender, sexuality, and power. The original is a classic of modern transgender theory and literature and, alongside Bornstein's other work, has influenced an entire generation of trans writers and artists. This revised and expanded edition extends that legacy, offering an accessible foundation for examining gender in the reader's life and in the broader culture while arguing for the dismantling of all forms of oppression. For fans of the original, Bornstein's new material merits a fresh read..."--Publishers Weekly, starred review

Kate Bornstein is an author, playwright, performance artist, and gender theorist. She's the author of *Gender Outlaws*, *Hello, Cruel World*, and *My Gender Workbook*.

I wanted so much to like this book, really I did. Not bad, but very repetitive without making it's point clearly. Got more help from a website which said "If you are thinking you are gender dysphoric, you probably are." Main positive: De-constructing the binary. Brilliant, straight forward (giggle) and to the point. Thank you from the bottom of my soul for that, it is the whole reason for the stars this book gets. Main negative: Too much pressure sell once the binary was de-constructed. I got it, now give me some hints on how to use it instead of trying to resell me on the non-existent binary.

We used this book in my English class. When I first saw the title, I didn't think it was appropriate for the class, but decided that I would enter into this quarter with an open mind. Needless to say, this book was very educational for me. Not about myself, but about learning about the different gender types.

This book is well-written, compassionate, and funny! Would recommend to anybody who wonders about gender at all, from trans\* folks to people who just feel a little different gender-wise. It's also a lot of fun to work through, with lots of quizzes and activities.

Kate's book has been a powerful tool in my own understanding of gender. I identify as a cis male,

but have a large group of trans and queer friends. It became important to me to develop a deeper understanding of the influence of gender in the lives of those I loved. This book is a great eye-opener.

A fun and helpful workbook for those who are questioning their gender identity.

Not really about gender at all. It's mostly about how multiple systems of oppression (race, class, age, gender, etc.) work together. What little content there is about gender, if you're curious enough to be reading this book, you already know.

I used this book for a Gender Studies class. It's a really fun, interactive book with quizzes, exercises, drawings and jokes. Definitely one of the more light-hearted "textbooks" I've used in college. If you're new to Gender Studies and the topic of transgender issues, this is an amazing introduction to the subject. For people like me who already have extensive knowledge of such issues it's a bit of a review, but it's still fun reading and I think everyone will learn something new from it.

I heart this book. It makes you think!

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